



Food

PANCAKES—PLAIN AND BUCKWHEAT★

BLUE GRASS: Blue Grass Ruritan Building (Sat. & Sun., 8 a.m. - 3:30 p.m.) On Rt. 642, seven miles north of Monterey.

BOLAR: Bolar Ruritan Club (Sat. & Sun., 7 a.m. - 3 p.m.) 15 miles south of Monterey at intersection of Routes 220 & 607.

MCDOWELL: Stonewall Ruritan Building (Sat. & Sun., 7 a.m. - 4 p.m.) On Rt. 678 in McDowell.

MONTEREY: Highland Public Schools (Sat. & Sun., 8 a.m. - 4 p.m.) Myers Moon Road, off Rt. U.S. 250 in Monterey.

WILLIAMSVILLE: Bath-Highland Fire Department/Williamsville Community Center (Sat. & Sun., 7 a.m. - 2 p.m.) On Route 678.

OTHER FOODS

MCDOWELL:

- ★ Trout, Chicken, and Ham Dinners (McDowell Volunteer Fire Department); Rt. 678, across from the Stonewall Ruritan building, Saturday & Sunday, 11 a.m. - 5 p.m.
- ★ Baked Goods & Maple Products (Hiner Church of the Brethren; Stonewall Ruritan Building).

MONTEREY:

- ★ Baked Goods & Chili Soup (Ladies Auxiliary); Monterey Firehouse.
- ★ Burgers, Hot Dogs & Pork BBQ (Asbury U.M. Church); Courthouse lawn.
- ★ Country Ham, Bacon Cheese Burgers & Chili Dogs (Church of God of Prophecy); Main Street
- ★ Funnel Cakes (Monterey U.M. Church); North Water Street.
- ★ Lamb & Veggie Dinners (The Highland Center); 61 Spruce Street, Monterey. Saturdays only, 4 p.m. - 8 p.m.
- ★ Maple Doughnuts (Mill Gap Ruritan Club); behind Ernie's Market.
- ★ Pork Rinds (Monterey Lions Club); Courthouse lawn & school grounds.
- ★ Trout Sandwiches (Virginia Trout Company); North on Rt. U.S. 220.

RESTAURANTS: ★

- ★ Evelyn's Pantry (Main Street) - vegetable soup & sandwiches (take away only)
- ★ High's Restaurant (Main Street) - Pancakes & buckwheat cakes; trout
- ★ The Highland Inn (Main Street) - Pancakes & buckwheat cakes; trout
- ★ Mountain Hideaway Restaurant (Corner of Routes U.S. 250 & 220) - Pancakes & buckwheat cakes; trout
- ★ Seated service available

50th Anniversary

HIGHLAND MAPLE FESTIVAL

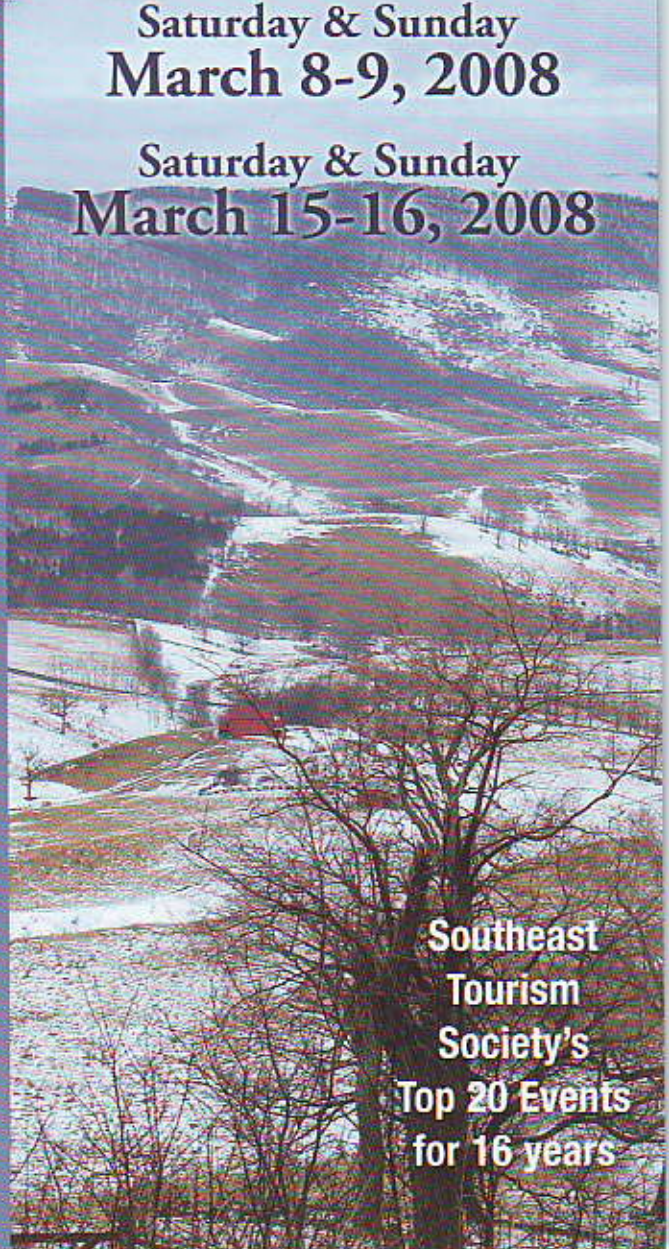
Highland County, Virginia



Saturday & Sunday
March 8-9, 2008

Saturday & Sunday
March 15-16, 2008

Welcome to "Virginia's Switzerland"



Southeast
Tourism
Society's
Top 20 Events
for 16 years

Welcome!

Highland County, "Virginia's Switzerland," welcomes you to the 50th Annual Maple Festival. This unique celebration has been designated a Local Legacy by The Library of Congress. Sugar camp tours provide a unique and educational glimpse of a rapidly vanishing way of American life.

The Sugar Tour

Maple sugar "camps" throughout Highland County welcome visitors to view the process of syrup-making. Weather plays an important role in the flow of sugar water . . . a steady fluctuation between nighttime freezes and warmer daytime temperatures determines the maximum flow. The process begins with the tapping of maple trees to collect clear, almost tasteless "sugar water." Gathered in buckets or by plastic tubing, the sap is boiled in kettles, pans, or evaporators until a barrel is finally reduced to a gallon of pure maple syrup. Warm clothing and boots are advisable for visiting the maple sugar camps.

★ SUGAR TREE COUNTRY STORE & SUGAR HOUSE

Located near the center of McDowell, this operation employs a modern reverse osmosis concentrator and oil-fired evaporator. Informational tours all day. Antique maple producing tools are on display. Country store merchandise, pottery, maple products, jams, Brunswick Stew, maple doughnuts, and other food will be for sale. *Closed on Sunday.*

★ EAGLE'S SUGAR CAMP

Follow signs to Eagle's Sugar Camp, located north of McDowell off Rt. 654 (Jack Mountain Road) in Doe Hill. Syrup producers for more than 200 years, the Eagles still use open pan wood-fired evaporators as the latest advanced computerized oil-fired evaporators. Observe sugar water collected in buckets. Local honey, maple products, buckwheat, cornmeal & baked goods. Home-cooked food and maple doughnuts. Local arts & crafts. Tour buses welcome.

★ SOUTHERNMOST MAPLE PRODUCTS

Located 15 miles south of Monterey on Route 607 (off US 220 at Bolar) (Big Valley Road). Sugar water is funneled into the only piggy-back evaporator to be found in the southern states. Rustic country store, with a variety of maple products, flour, honey, jellies and baked goods. Food: Maple pit-cooked BBQ, pork skins and maple doughnuts. Handicapped accessible. *Closed on Sunday.*

★ REXRODE'S SUGAR ORCHARD

Located north of Hightown on Route 637, (Maple Sugar Road), Rexrode's Sugar Orchard features some large maple trees over 200 years old. The Rexrodes use the old-fashioned "open pan" system of evaporation as well as the newer wood-fired evaporation method with miles of plastic tubing to gather the sugar water. Food is available.

★ PUFFENBARGER'S SUGAR ORCHARD

On Route 637 (Maple Sugar Road), southwest of Blue Grass is the Puffenbarger Sugar Orchard, where a vacuum pump is used to increase the flow of sugar water and miles of plastic tubing make it easier to gather. The process of maple syrup-making is started by reverse osmosis and finished by oil-fired evaporators. Maple doughnuts and other foods are available here.



Sponsored by the
Highland County Chamber of Commerce
P.O. Box 223, Monterey, Virginia 24465
(540) 468-2550 • highcc@cfw.com

Pick up a map of the tour at your first stop. Watch for "Maple Sugar Tour" signs.



Maple Museum

The Highland Maple Museum is a replica of an old-time "sugarhouse." Located on U.S. Route 220 just south of Monterey, it contains exhibits that trace the history of maple syrup making from the methods used by Native Americans to the latest and most modern techniques.

Free admission. Open all year.



Highland County Museum & Heritage Center

The museum features ongoing exhibits on Highland County history including the 1862 Battle of McDowell, the Staunton-to-Parkersburg Turnpike and the story of the Mansion House. For hours and more information, visit www.highlandhistoricalsociety.com.



Special Events

- **MAPLE QUEEN CONTEST** - Highland High School Gym, Saturday, February 23, 7:00 p.m.
- **MAPLE QUEEN BALL** - Blue Grass Ruritan Building, Saturday, February 23, 9:00 p.m. - 1:00 a.m.
- **FESTIVAL FLING DANCE** - Stonewall Ruritan Building, McDowell, Saturday, March 15, 8:00 p.m. - midnight.

Entertainment

- **LIVE ENTERTAINMENT** - Stop at The Highland Center every afternoon for clogging, Bluegrass and country music. *(The entertainment schedule can be found on the Maple Festival map or the Chamber's website at www.highlandcounty.org).*

Arts, Crafts & Antiques

One of the largest shows of the season! A one-time-only admission charge of \$2.00 includes daytime entertainment in The Highland Center and the Art & Crafts Shows in the gymnasiums. (age 12 and under free).

MONTEREY

- Highland High School Gymnasium (Arts & Crafts)
- Highland Elementary School Gymnasium (Arts & Crafts)
- Courthouse Lawn (Arts & Crafts)
- Main Street (Arts & Crafts)
- Highland County Craft Shop (Arts & Crafts)

MCDOWELL

- Stonewall Ruritan Building (Arts & Crafts)
- Highland County Museum & Heritage Center (Antiques)



Other Points of Interest

MONTEREY

- Antiques at Narrowfellow - Fine antique linens & furnishings.
- The Attic - SPCA benefit shop.
- Blanchard's Woodworking - Maker of fine furniture.
- Evelyn's Pantry - Maple taffy, pancake mixes, jellies.
- Farmland Store - Highland Co. country living necessities.
- Gallery of Mountain Secrets - Fine arts & crafts.
- H & H Cash Store - Maple products & buckwheat flour.
- Highland County Crafts - Featuring handmade crafts.
- Main Street Treasures - More than a gift shop.
- Mill Alley Art & Frame - Art work & gifts.
- Mariah Boone - Custom, estate & vintage jewelry
- Morning Glories & Moonflowers - Gifts & decorative items.
- Pass It On - consignment shop
- Wool Becomes Ewe - Yarns, fabric, notions & gifts

US 220 NORTH

- Ginseng Mountain Farm & Store - "New" time country store.
- Rexrode's Country Store - Fuel, deli, pizza & maple products
- Virginia Trout Company - See thousands of rainbow trout!

BLUE GRASS

- Country Convenience - Deli, maple products, buckwheat flour.

HIGHTOWN

- Hevener's Store - 19th century store & memorabilia.

MCDOWELL & BULLPASTURE RIVER AREA

- McDowell Gas 'N' Go - Fuel, maple products, pizza, sandwiches
- Gobblers Nob Christmas Tree Plantation - Nursery
- Stonewall Grocery - Roasted chicken, sandwiches & cheeses
- Sugar Tree Country Store - 19th century-style country store.