

You are invited to the Thirteenth Semi-Annual OPC Singles Retreat!

Sponsored by the Presbytery of the Mid-Atlantic of the Orthodox Presbyterian Church
at the Machen Retreat and Conference Center (MRCC) in McDowell, VA

April 28-30, 2006

The topic is Worship: Keeping the Sabbath Day Holy

About the Speaker: Rev. Dan Knox is the pastor of Grace OPC in Sewickley, PA. He was born and raised in the United Presbyterian Church and attended Pittsburgh Theological Seminary where he studied under Dr. John Gerstner. He was ordained in the UPCUSA in 1979 and left that denomination in 1984 to join the OPC, being called by Grace OPC. He and his wife Pam have four children.

All singles of college age and up are invited as are non-OPC members. The cost is \$57. If you would have difficulty paying the full cost but would like to attend, a small subsidy may become available and will be given as a rebate (you can indicate your need on the registration slip below and you will be contacted) or you may wish to request assistance from a deacon at your church.

<u>What to Bring:</u>	Sleeping bags and/or	bed sheets & blankets	Pillows
Towels	Warm Clothes	Personal Items	Bible
Notebook	Pens	Hiking Boots	Games
Flashlight	Camera (if desired)	Favorite Snack	

All meals are included with the cost of the retreat. *If you have any food allergies (peanuts, milk products), please describe them on the back of the registration form (including level of severity). We will contact you to let you know what can be accommodated. In some cases, you may need to bring your special food items.* Showers are available. Please keep in mind that the weather may be cold.

Schedule: The retreat begins at 7:00 PM on Friday, April 28th and ends after lunch and cleanup on Sunday, April 30.

Directions: From Interstate I-81, take Exit 225 for Route 275 West (Woodrow Wilson Parkway) just north of Staunton, VA. Route 275 is a bypass around the town of Staunton and ends at a "T" junction with Route 250 after 5.5 miles. Turn right onto Route 250 and proceed west for about 32 miles. You will pass through Churchville early on. For the last 10 miles or so on Route 250, you will cross three mountain ridges of which Shenandoah Mountain is the first. Beware of sharp hair pin turns going up & down the mountains. When you get to the town of McDowell, turn left on Route 678. Proceed south on Route 678 for about 8.9 miles. The entrance to the MRCC is on the right. Take the gravel road to the right of the Machen sign up to the conference center. If you get lost, you can call David Tack (the MRCC Director) at 540-396-4323. More information is available on the MRCC website at <http://www.machen.org> or by mailing opcretreatinfo@yahoo.com or by calling Harry Kinney at 703-866-6149.

Please mail the completed registration slip with your payment of \$57 by April 14, 2006 to John Drum, 20876 Isherwood Ter, Apt 203, Ashburn, VA 20147-7788.

Make your check out to "Presbytery of the Mid-Atlantic" and indicate "Singles Retreat."

Name _____	I am _____ M or F
Address _____	I am interested in carpooling []
City _____ State _____	I can bring a tent if needed []
Zip code _____	I can sleep in tent if cabins are full []
Phone _____	I would like to request the partial subsidy, if available []
Email _____	Home church _____